

Working with Your Higher Self to Manifest in your life

Speaking with your higher self is different than speaking with The Creator

Our Higher Self has an ego too but is wiser and with less blocks than our mind/ego

Your Higher Self can help you:

1. Get clear about what you truly want
2. Help achieving your goals
3. Show you why you are experiencing a challenge.
4. Help you process your day while asleep at night



1. Clarity through the Higher Self

You can connect to your higher self to ask what is your highest truth about your direction/goal in life that you can't see or are afraid of seeing.

Your higher self has less blocks than your mind therefore can see a bigger perspective than your mind.

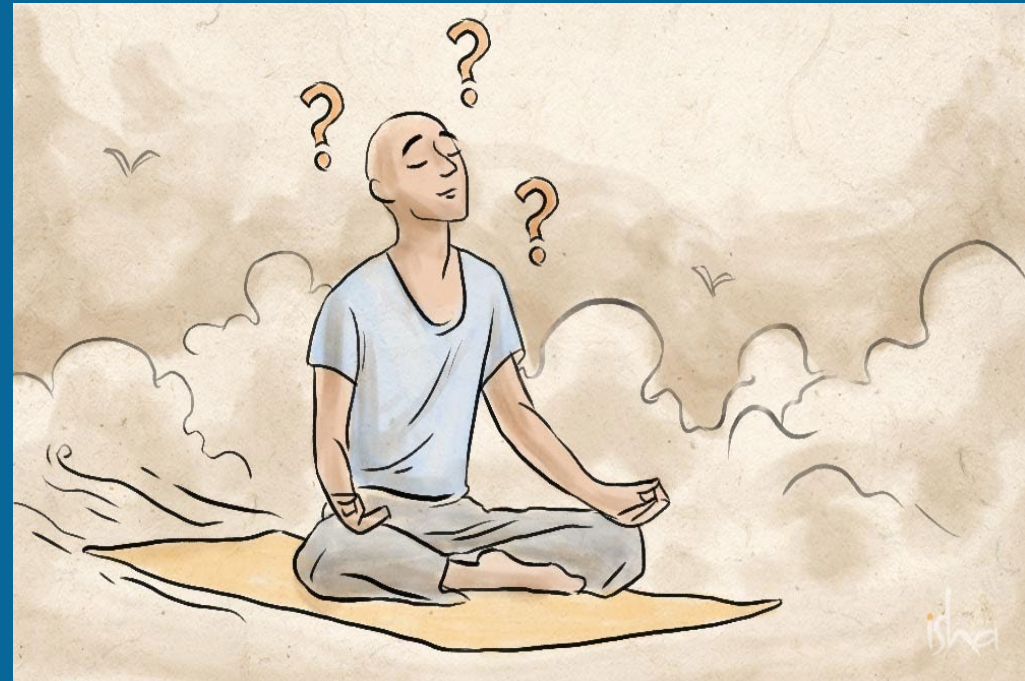
You might ask clarity about a relationship, career/job, business, studies etc

Ex: Connect to have clarity

Creator of All That Is, it is requested to speak with my higher self now. Thank you, it's done, it's done, it's done

Once you are connected to your Higher Self ask what is that you truly want.

You can engage in a conversation



2. Help achieving your goal

You can connect to your higher self to ask what for help achieving a particular goal or solving a situation

Many times, your higher self might not know that this is what you want.

It might not know what that goal is, like making money

Ex: Connect to ask for help

Creator of All That Is, it is requested to speak with my higher self now. Thank you, it's done, it's done, it's done

Once you are connected to your Higher Self ask your Higher Self for help manifesting a goal

You can engage in a conversation



3. Show you why you are experiencing a challenge

You can connect to your higher self and ask why you are experiencing a challenge, or you struggle to attain a goal despite your efforts

Your higher self will tell you as it is.

Ex: Connect to ask why you are experiencing a challenge

Creator of All That Is, it is requested to speak with my higher self now. Thank you, it's done, it's done, it's done

Once you are connected to your Higher Self ask your Higher Self why despite your efforts you...

Can't I lose weight?

Connect to The Creator?

Get clear messages?

Have more client?

Find love?



Example: Why can't relax and enjoy the moment?

Woman connects and ask her higher self:

Why am always thinking about what else do I need to do. I feel like I never stop, rest, relax. And when I do, I am thinking about what else I need to do. **This is taking a toll on me.**

Higher Self: this is how I succeed. I am not smart but I work hard.

MT: I am smart – no at all levels

Thetahealer: Connects and asks Creator,

1. Where is this coming from? What new perception do I need?

Creator: You believe that men are smarter than women. It is a genetic and collective beliefs

MT: Men are smarter than women – yes C,G,H



Thetahealer: Connects and asks Creator

1. Where is this coming from?

Creator: The world was designed by men. It has the man's footprint in it. It was a world that men created and women lived in but didn't have much design power.

The energy was the male energy, therefore women didn't feel like it's their space.

MT: Success is a man's duty – yes

MT: Success is a woman's duty – no C, G,H

MT: if a woman wants the success she has to work x2 to prove that she deserves it - yes

MT: if a woman wants the success she has to work x2 because she is not as smart as a man - yes

Thetahealer: asks herself or The Creator

2. How does it serve me to always think about what else I need to do and never relax?

It works for me because I accomplish a lot. It makes me an over achiever and makes me feel smart. It also makes me appreciate what I accomplish because I work hard for it

MT: I have an obligation to prove that women are as capable and as smart than men – yes C, G, H

3. What virtues have I learnt by being an overachiever?

Determination, drive, discipline, resilience, strength, independence, faith, endurance, ethics, courage



Clearing:

Download Virtues and Benefit: Can I download to you that

1. These virtues are learnt and completed?
2. You know how to be an achiever without having to prove that women are smarter?
3. You know how to be an achiever without having to work so hard and non stop?
4. You know how to achieve because you feel this is your world too?
5. You know how to appreciate what you achieve without working hard

Change the root beliefs and offer relevant downloads

BW: “men are smarter” for “intellectual abilities are gender independent” women are as smart as men

FW: I know how to feel deserving of achieving and success

FW: I know how to feel smart

FW: I know how to achieve without working harder

Release and complete obligations

Can we release the obligation to prove that women are as capable as men?

FW: I know how to rest and relax without feeling guilty, without fomo

**Can we update your higher self with this new way of living? That you can accomplish with ease and grace
and If needed negotiate**



Example: Why can't I ... Why am I still struggling with.

1. Connect to your higher self and ask why you are still struggling with....
2. Get an answer from your higher self and follow by muscle testing to validate

MT:

3. Ask yourself or The creator: Where is this coming from?
4. Ask yourself or The creator: How does it serve me to have keep struggling?
5. What virtues am I learning by struggling?

CLEARING

1. Download the virtues are learn and completed - FW
2. Download the benefit without the struggle - FW
3. Change the root beliefs – BW
4. Give appropriate downloads – FW
5. Update the Higher Self with the new way of living and if needed negotiate with it that you will behave 😊



July Courses

ThetaHealing®
DIG DEEPER



June 26 - 27

ThetaHealing®
WORLD RELATIONS



July 22 - 26

ThetaHealing®
**YOU AND THE
CREATOR**



July 28 - 29



COACHING
ACADEMY

Downloads

1. I know what it feels like to be a team with my higher self
2. I know what it feels like to have good communication with my higher self
3. I know what it feels like to feel supported by my higher self
4. I know what it feels like to allow my higher self to guide me
5. I know how to allow my higher self to guide me
6. I know how to allow my higher self to process my day in the highest and best way
7. I know how to allow my higher self to allow my higher self to give me messages at night and help me have a good night sleep
8. I know what it feels like to work in perfect harmony with all aspects of you
9. I know how to work in perfect harmony with all aspects of you





COACHING
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